

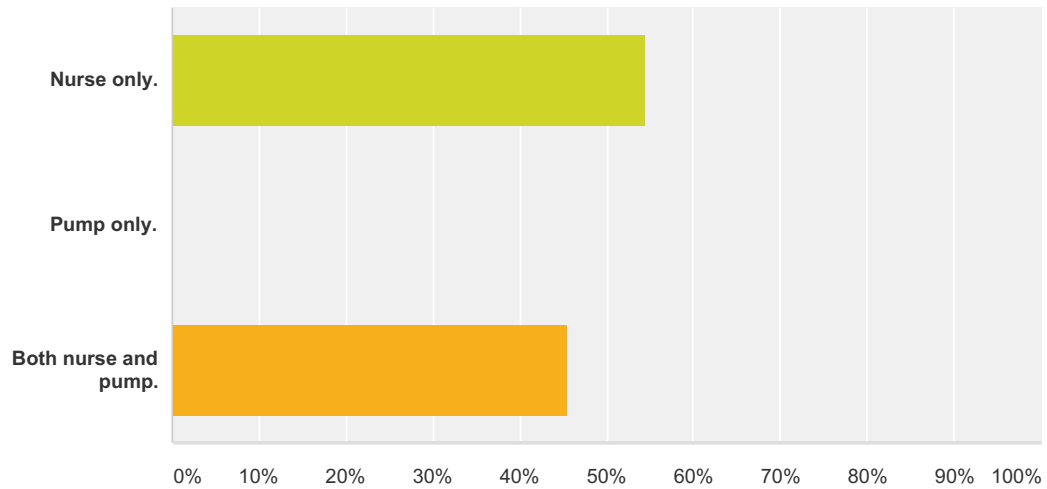
Q1 What is your age?

Answered: 11 Skipped: 0

#	Responses	Date
1	31	4/9/2015 2:03 PM
2	37	4/3/2015 10:26 AM
3	32	4/3/2015 9:33 AM
4	29	4/2/2015 1:59 PM
5	31	3/27/2015 8:38 AM
6	30	3/19/2015 8:42 PM
7	30	3/16/2015 5:17 PM
8	23	3/13/2015 10:38 PM
9	34	3/13/2015 7:03 AM
10	34	3/12/2015 8:25 PM
11	28	3/12/2015 7:44 PM

Q2 Do you nurse, pump, or both?

Answered: 11 Skipped: 0

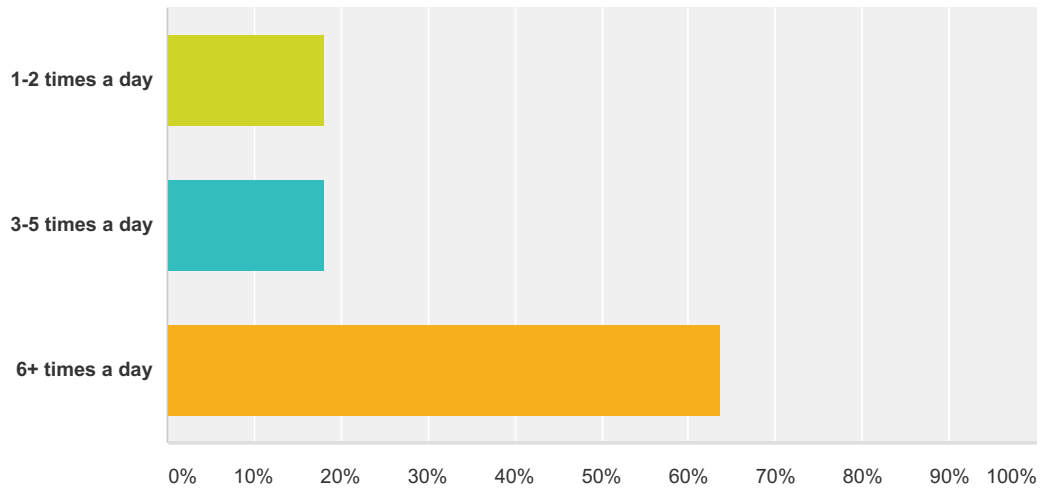


Answer Choices	Responses
Nurse only.	54.55% 6
Pump only.	0.00% 0
Both nurse and pump.	45.45% 5
Total	11

#	Additional Comments	Date
1	Nurse at home, pump at work.	4/3/2015 10:26 AM
2	Pump on rare occasion	3/13/2015 10:38 PM
3	I pump when at work and nurse at night and on the weekends.	3/13/2015 7:03 AM

Q3 Currently, how many times a day do you nurse and/or pump? Please give your best estimate.

Answered: 11 Skipped: 0

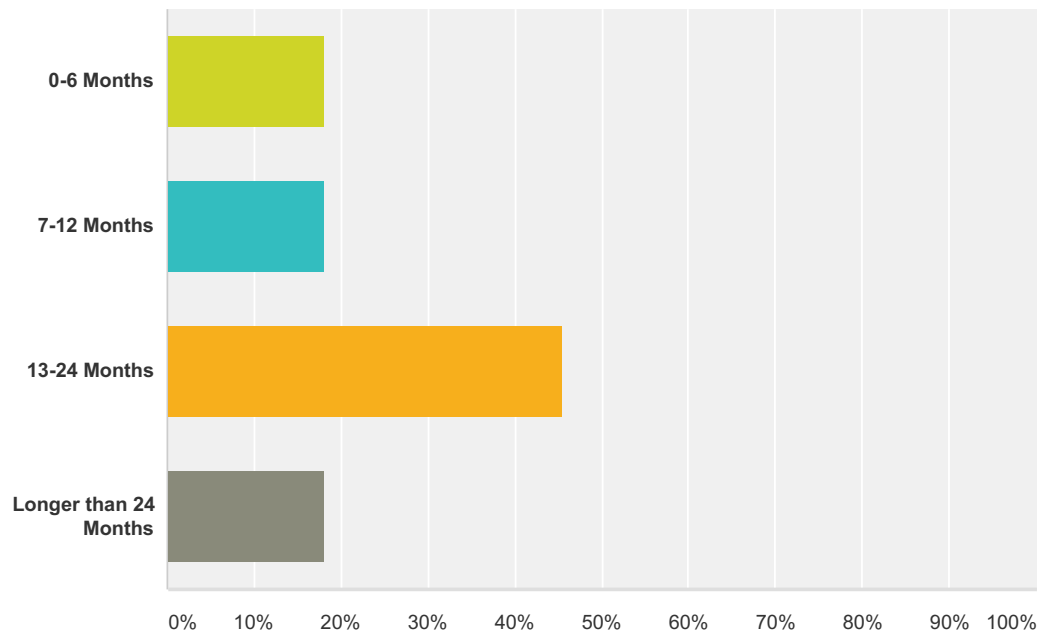


Answer Choices	Responses
1-2 times a day	18.18% 2
3-5 times a day	18.18% 2
6+ times a day	63.64% 7
Total	11

#	Additional Comments	Date
1	she is still eating every 3-4 hours.	3/13/2015 7:03 AM

Q4 How long (consecutively) have you been nursing?

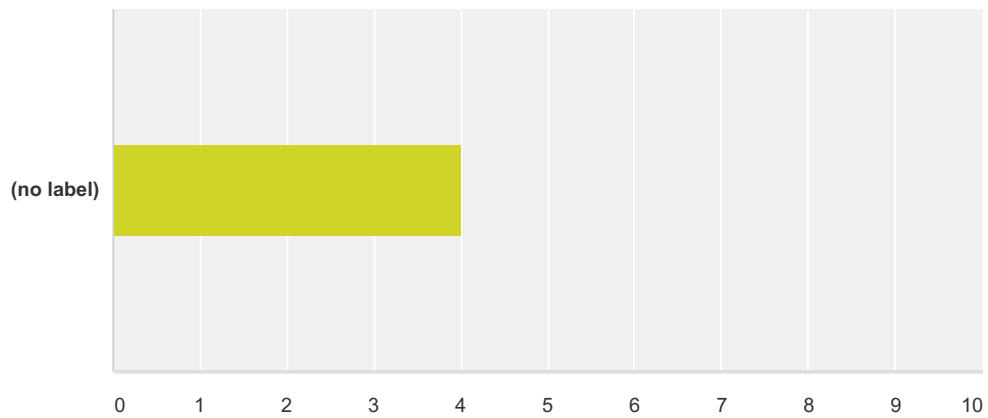
Answered: 11 Skipped: 0



Answer Choices	Responses
0-6 Months	18.18% 2
7-12 Months	18.18% 2
13-24 Months	45.45% 5
Longer than 24 Months	18.18% 2
Total	11

Q5 How relaxed did you feel immediately after your float?

Answered: 11 Skipped: 0

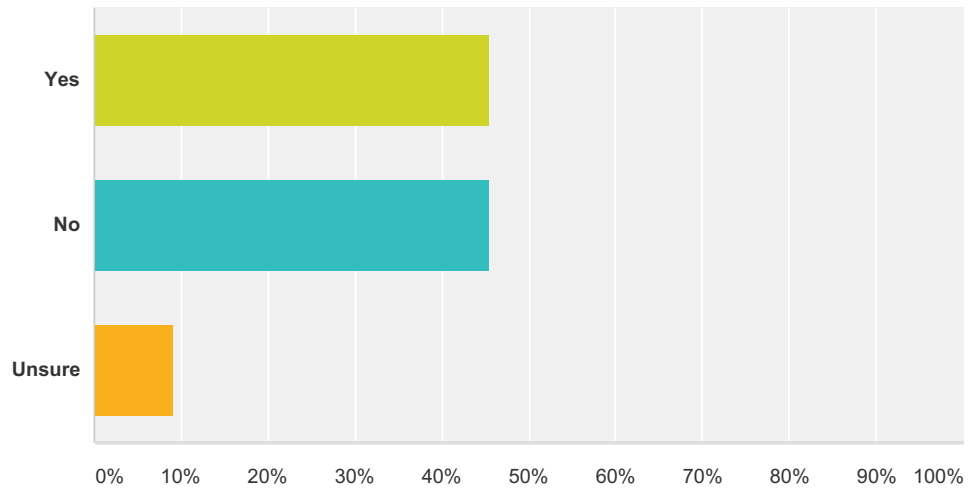


	Not at all relaxed.	A little relaxed.	Somewhat relaxed.	Relaxed.	Very relaxed.	Total	Weighted Average
(no label)	9.09% 1	9.09% 1	0.00% 0	36.36% 4	45.45% 5	11	4.00

#	Additional Comments	Date
1	I was a little afraid to drive home because I felt a little "slow" in my reflexes.	4/3/2015 10:26 AM
2	Disoriented even. I probably should have sat in the lounge for a few minutes.	3/19/2015 8:42 PM
3	Almost too relaxed to drive or concentrate on work! I felt a bit overmedicated :)	3/16/2015 5:17 PM
4	I felt awesome afterwards, very positive and stress free. The best I've felt in months.	3/13/2015 7:03 AM

Q6 Did you fall asleep during your float?

Answered: 11 Skipped: 0

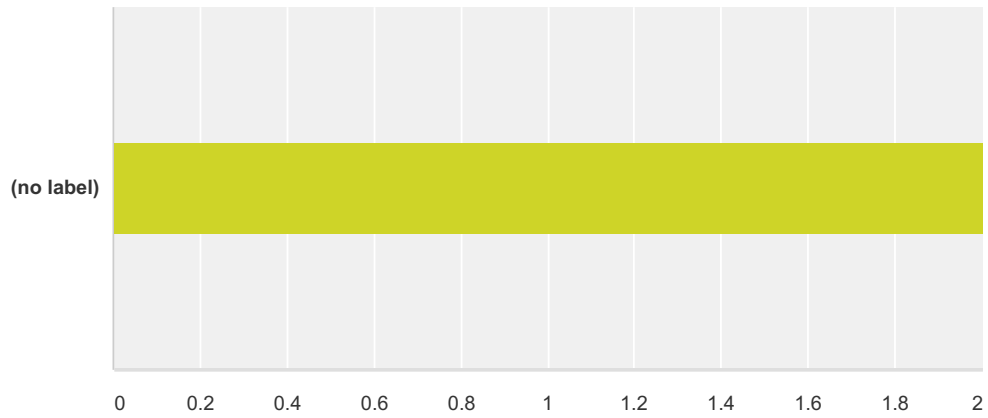


Answer Choices	Responses
Yes	45.45% 5
No	45.45% 5
Unsure	9.09% 1
Total	11

#	Additional Comments	Date
1	very light sleep/dreamlike state	4/3/2015 9:33 AM
2	In between state!	4/2/2015 1:59 PM
3	I spaced out for a couple seconds during the float, but I'm a bit afraid of water so it was hard letting go.	3/19/2015 8:42 PM
4	I was too happy to be in silence to fall asleep.	3/16/2015 5:17 PM
5	Since it was my first float, it took me a while to get comfortable.	3/13/2015 7:03 AM

Q7 If you experienced any nausea during or after your float, what was the severity?

Answered: 11 Skipped: 0

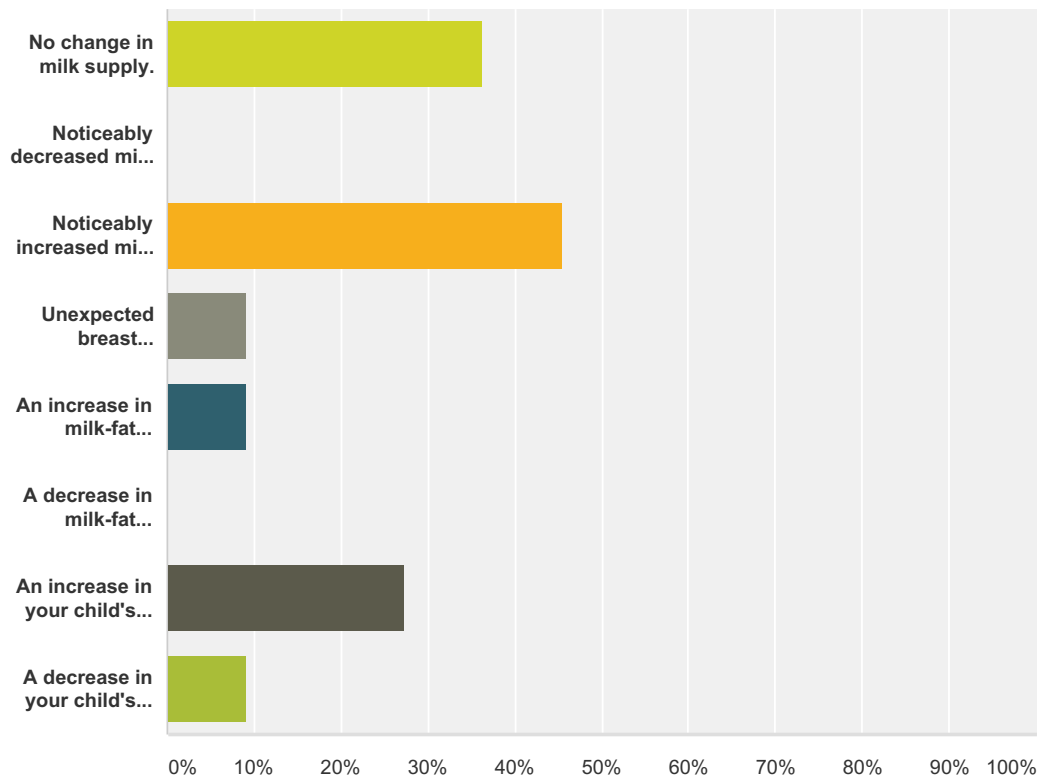


	Very Mild	Somewhat Mild	Moderate	Somewhat severe	Very severe	N/A	Total	Weighted Average
(no label)	0.00% 0	9.09% 1	0.00% 0	0.00% 0	0.00% 0	90.91% 10	11	2.00

#	Additional Comments	Date
	There are no responses.	

Q8 In the days immediately after your float, did you notice any of the following?

Answered: 11 Skipped: 0



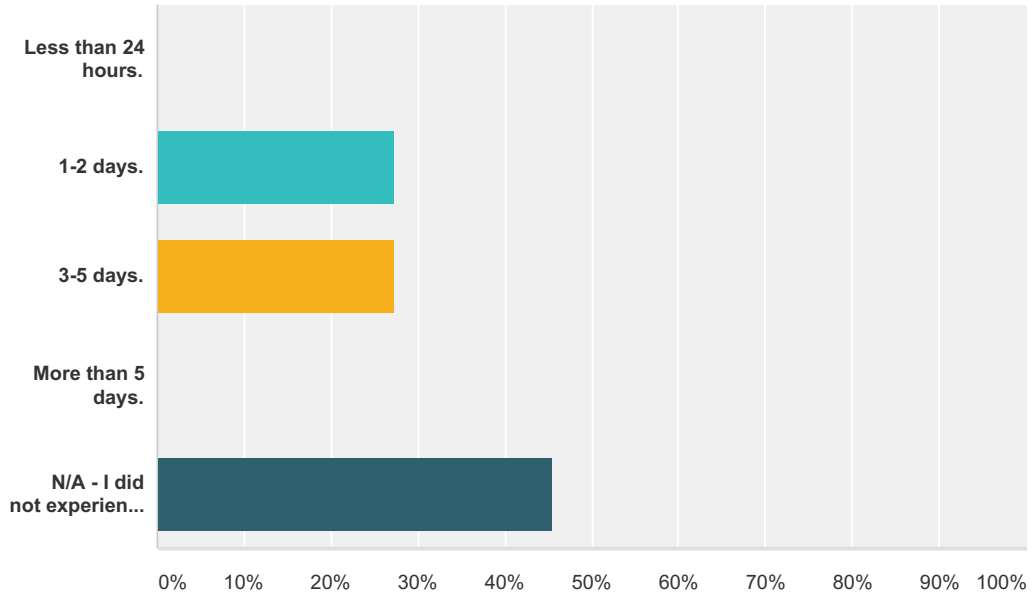
Answer Choices	Responses
No change in milk supply.	36.36% 4
Noticeably decreased milk supply.	0.00% 0
Noticeably increased milk supply.	45.45% 5
Unexpected breast engorgement.	9.09% 1
An increase in milk-fat content. (Richer milk.)	9.09% 1
A decrease in milk-fat content. (Thinner milk.)	0.00% 0
An increase in your child's nursing frequency.	27.27% 3
A decrease in your child's nursing frequency.	9.09% 1
Total Respondents: 11	

#	Additional Comments	Date
1	I knew I would be taking this survey so I was conscious of how much I was pumping as that is how I gauge how my milk supply is doing. I didn't really notice a change in the amount I pumped but as I was pouring it into milk storage bags after work my husband made the comment that it did look richer/creamier than usual. I didn't think about attributing that to the float until just now. Also, my son (3.5 months) has slept better the last few nights. He still woke up 2-3 times during the night but the stretches between nursing sessions were longer.	4/3/2015 10:26 AM

2	slight increase during pumping sessions, which occur once a day. maybe an ounce more than usual.	4/3/2015 9:33 AM
3	Also 26 weeks pregnant	3/27/2015 8:38 AM
4	At first he slept through the night better, slept longer without needing me, but my menstrual cycle was coming up (started today) so his frequency then went back up.	3/19/2015 8:42 PM
5	I looked for change and I didn't see any.	3/16/2015 5:17 PM

Q9 If you experienced an increase in milk supply after your float, how long did the increase seem to last?

Answered: 11 Skipped: 0



Answer Choices	Responses
Less than 24 hours.	0.00% 0
1-2 days.	27.27% 3
3-5 days.	27.27% 3
More than 5 days.	0.00% 0
N/A - I did not experience an increase in milk supply.	45.45% 5
Total	11

#	Additional Comments	Date
1	still unsure.	4/3/2015 9:33 AM

Q10 Do you have any other details about your experience you'd like to share?

Answered: 6 Skipped: 5

#	Responses	Date
1	It was wonderful. Thank you so much, and I hope to be back soon.	4/3/2015 10:26 AM
2	It was amazing!	4/2/2015 1:59 PM
3	I think the relaxation over several floats would be more telling than a single first-time float. I have no doubt this has the power to help nursing mothers because being relaxed helps with milk supply. This is a known fact. :-)	3/19/2015 8:42 PM
4	Such an interesting, welcomed concept. Can't wait to do it again.	3/16/2015 5:17 PM
5	Thanks for the discount, I enjoyed my first float and plan on coming in again. I'm curious to see how the second time around goes.	3/13/2015 7:03 AM
6	I didn't experience any change in milk supply, but appreciated the half price float- thanks!	3/12/2015 8:25 PM